

Cleaning Schedule

CLEANING TOOLS

BAKING SODA
WHITE VINEGAR
MICROFIBER CLOTHS
DISINFECTANT

EVERY DAY

WASH
dishes + laundry
DISINFECT
kitchen sinks + countertops

EVERY WEEK

FLOORS
Sweep, vacuum, + mop
BATHROOM
countertops, sinks, toilets,
bathtub, + shower
KITCHEN
wipe down appliances +
discard expired food
SANITIZE
sponges
WASH
sheets, towels, + favorite
blankets

EVERY MONTH

DUST
light fixtures, blinds, art,
ceiling fan blades, etc
VACUUM
dryer duct, couch/seating +
air vents
CLEAN/DE-SCALE
washing machine +
dishwasher
WIPE DOWN
outside of cabinets +
baseboards

EVERY 3 MONTHS

WASH

pillows + duvet

KITCHEN

clean fridge + freezer, wipe down kitchen range hood, de-scale coffee maker, clean microwave (as needed)

HARD TO REACH SPOTS

get the areas underneath/ behind/on top of furniture and appliances

LAUNDRY

shower curtain + liner

POWER WASH

patio and outdoor furniture

EVERY 6 MONTHS

CLEAN

your mattress

KITCHEN

inside your cabinets + inside your oven

WINDOWS

glass (inside + outside), vacuum screens, clean window track + curtains

ONCE A YEAR

STEAM CLEAN

rugs + carpet

CLEAN + SEAL

all grout

OPEN UP

your dryer and vacuum around the drum

CLEAR

your gutters

CHIMNEY + FIREPLACE

clean or hire a professional

FOR MORE DETAILS

Visit the [Inspirada.com](https://www.inspirada.com) blog: "The Best Way to Keep Your Home Sparkling Clean"